



Multigrain Bread
2 lbs., Sliced
#30975B

This wide-faced loaf has a light flavor and is textured with a wholesome multigrain blend including crushed wheat, sesame and flax seeds, millet, and rolled oats.

Nutrition Facts	
Serving Size 1 slice (48g)	
Servings Per Container 19	
Amount Per Serving	
Calories 120	Calories from Fat 30
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 19g	6%
Dietary Fiber 1g	5%
Sugars 0g	
Protein 5g	
Vitamin A 0%	Vitamin C 0%
Calcium 4%	Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Product Dimensions

Length: 11¼”
Width: 6½”
Height: 5”
Slice Thickness: ½”
Slices Per Loaf: 20

Packaging Specifications

Loaves Per Case: 9
Net Case Weight: 18 lbs.
Gross Case Weight: 20 lbs.
Case Dimensions: 19 5/8” x 15 5/8” x 11 ½”
Case Cube: 2.04
Pallet Configuration: 6 Ti / 6 Hi
Cases per Pallet: 36
UPC Code: 20707043309759

Product Handling

Keep Frozen Until Ready to Use
Frozen Shelf Life: 180 days
Thawed Shelf Life: 3-5 days

Ingredients: Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, soybean oil, whole wheat flour, vital wheat gluten, salt, whey(milk), flax seed, rolled oats, sesame seed, barely grits, crushed wheat, rye chops, millet, brown sugar, high fructose corn syrup, mono-and diglycerides, yeast guar gum, modified cornstarch, amylase. Produced on common equipment with egg & soy.