



**Pumpernickel Bread**  
**2 lbs., Thick Sliced**  
**#31054B**

This dark rye wide-faced loaf has an authentic deep brown color and earthy aroma.

<b>Nutrition Facts</b>	
Serving Size 1 slice (48g)	
Servings Per Container 19	
Amount Per Serving	
<b>Calories</b> 120	<b>Calories from Fat</b> 15
% Daily Value*	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 220mg	<b>9%</b>
<b>Total Carbohydrate</b> 22g	<b>7%</b>
Dietary Fiber 1g	<b>5%</b>
Sugars 2g	
<b>Protein</b> 5g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Product Dimensions

**Length:** 11¼”  
**Width:** 6½”  
**Height:** 5”  
**Slice Thickness:** ¾”  
**Slices Per Loaf:** 14

Packaging Specifications

**Loaves Per Case:** 9  
**Net Case Weight:** 18 lbs.  
**Gross Case Weight:** 20 lbs.  
**Case Dimensions:** 19 5/8” x 15 5/8” x 11 1/2”  
**Case Cube:** 2.04  
**Pallet Configuration:** 6 Ti / 6 Hi  
**Cases per Pallet:** 36  
**UPC Code:** 20707043310540

Product Handling

**Keep Frozen Until Ready to Use**  
**Frozen Shelf Life:** 180 days  
**Thawed Shelf Life:** 3-5 days

Ingredients: Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, rye flour, caramel color, whole wheat flour, vital wheat gluten, brown sugar, soybean oil, salt, caraway, whey (milk), yeast, mono- and diglycerides, calcium propionate as a mold inhibitor. Produced on common equipment with egg & soy.